

GREEN OLIVES PASTE 1 KG

PREVIOUS PRICE: USD

DISCOUNT: **16,28 USD**

SHIPPING TIME: 24 GODZINY

BRAND: ELLIS FARM



ITEM DESCRIPTION

TAPENADE IS AN IMPORTANT INGREDIENT OF MEDITERRANEAN CUISINE, ONE OF THE HEALTHIEST, IF NOT THE HEALTHIEST, CUISINES IN THE WORLD.

OLIVES ARE A TRUE TREASURE OF THE MEDITERRANEAN. TAKING CARE OF YOUR HEALTH, IT IS WORTH INCLUDING THEM IN YOUR DIET AND TAKE ADVANTAGE OF THE NUTRIENTS IN WHICH THEY ABOUND. THEY ARE RICH IN UNSATURATED FATTY ACIDS, ESPECIALLY OLEIC ACID. IN ADDITION, THEY CONTAIN LARGE AMOUNTS OF POTASSIUM, CALCIUM, SODIUM, MAGNESIUM, PHOSPHORUS AND IRON. THEY ARE RICH IN BETA-CAROTENE, VITAMINS A, E, ANTIOXIDANTS, FIBER AND B VITAMINS. TAPENADE IS AN ACCUMULATION OF PRO-HEALTH PROPERTIES OF OLIVES. IT IS EXPRESSIVE, AROMATIC AND HAS A GREAT INFLUENCE ON THE CONDITION OF OUR BODY. PERFECT FOR MARINATING FISH AND MEAT, GREAT AS A QUICK SNACK WITH FRESH BREAD. THE WELL-KNOWN PASTA WITH BASIL PESTO IS EQUALLY DELICIOUS WITH A TAPENADE OF GREEN OLIVES. IF WE REPLACE THE PESTO WITH AN AROMATIC TAPENADE AND SUPPLEMENT IT WITH DRIED TOMATOES AND FRESH THYME, THE NEW DISCOVERY OF COMBINED FLAVORS WILL BE OUR FAVORITE MENU FOR GOOD.



THE ELLIS-FARM GREEN TAPENADE IS MADE FROM CHALKIDIKI OLIVES, FROM THE FAMILY'S OLIVE GROVE THAT HAS BEEN GROWN FOR SIX GENERATIONS IN CRETE IN THE AGIA VARVARA REGION NEAR HERAKLION. THE FRUITS ARE HAND PICKED AND PREPARED ACCORDING TO A TRADITIONAL FAMILY RECIPE. THE PERFECT COMBINATION OF INGREDIENTS AND CENTURIES-OLD TRADITION, PASSION AND EXPERIENCE GUARANTEE A UNIQUE TASTE EXPERIENCE. ELLIS-FARM GREEN TAPENADE IS A GREAT TASTE IN ITSELF, WITHOUT ANY ARTIFICIAL ADDITIVES OR PRESERVATIVES - IT IS ENOUGH TO SKILLFULLY USE WHAT NATURE OFFERS. 100% NATURAL PRODUCT - ELLIS FARM DOES NOT IMPROVE NATURE.

COMPOSITION: CHALKIDIKI GREEN OLIVESRED WINE VINEGARGARLICEXTRA VIRGIN OLIVE OILA MIXTURE OF AROMATIC HERBS .

STORE AT ROOM TEMPERATURE, REFRIGERATE AFTER OPENING.