



GREEN OLIVES WITH THYME 250G

PRICE: **4,99** USD

SHIPPING TIME: 24 GODZINY

BRAND: ELLIS FARM



ITEM DESCRIPTION

OLIVES ARE AN IMPORTANT INGREDIENT IN MEDITERRANEAN CUISINE, ONE OF THE HEALTHIEST, IF NOT THE HEALTHIEST, CUISINES IN THE WORLD.

THEY ARE THE SOURCE OF MANY NUTRIENTS, MINERALS AND VITAMINS. THEY CONTAIN POTASSIUM, CALCIUM, SODIUM, MAGNESIUM, PHOSPHORUS AND IRON. THEY ARE RICH IN BETA-CAROTENE, VITAMINS A, E, ANTIOXIDANTS, FIBER AND B VITAMINS. THEY CONTAIN A LOT OF ANTIOXIDANTS, INCLUDING OLEUROPEIN, WHICH STRENGTHENS THE BODY'S IMMUNITY AND HAS ANTI-INFLAMMATORY PROPERTIES. IT IS ALSO A NATURAL APHRODISIAC - THEY CONTAIN ESTRONS, I.E. FEMALE SEX HORMONES. THE INCREASE IN THE AMOUNT OF OESTRONS IN A WOMAN'S BODY INCREASES HER SEX DRIVE. OLIVES ENTERED THE MYTHOLOGY AND ART OF THE MEDITERRANEAN PEOPLES AS A SYMBOL OF YOUTH AND FERTILITY.

THE FIRST OLIVE GROVES WERE CREATED IN GREECE OVER 3500 YEARS BC. OLIVES WERE THE BASIS OF THE DIET, AN INGREDIENT OF RELIGIOUS RITUALS, A RAW MATERIAL FOR THE PRODUCTION OF COSMETICS, AND THEIR TWIGS WERE A SYMBOL OF VICTORY AND FERTILITY. ELLIS FARM'S GREEN THYME OLIVES COME FROM THE FAMILY'S OLIVE GROVE

THAT HAS BEEN CULTIVATED FOR SIX GENERATIONS IN CRETE IN THE AGIA VARVARA REGION NEAR HERAKLION. THEY ARE HAND PICKED AND MARINATED ACCORDING TO A TRADITIONAL FAMILY RECIPE. THE PERFECT COMBINATION OF INGREDIENTS AND CENTURIES-OLD TRADITION, PASSION AND EXPERIENCE GUARANTEE A UNIQUE TASTE EXPERIENCE.

NOT TOO SALTY, NOT TOO BITTER - PREPARED ON THE SPOT - IN A DUET WITH THYME, IT IS THE PERFECT SNACK FOR ANY OCCASION.

100% NATURAL PRODUCT - ELLIS FARM DOES NOT IMPROVE NATURE.

COMPOSITION: GREEN OLIVES WITH PITTEDWATERSEA SALTTHYME STORE AT ROOM TEMPERATURE, REFRIGERATE AFTER OPENING.

OLIVES - "THE FRUIT OF LONGEVITY" - SCIENTISTS ARGUE THAT EATING SEVEN PIECES OF FRUIT EACH DAY WITH THE ADDITION OF EVOO (EXTRA VIRGIN OLIVE OIL) AND A LITTLE GOAT CHEESE WILL ENSURE HEALTH AND EXCELLENT CONDITION OF THE BODY.